



**Clermont County  
Public Health**  
Prevent. Promote. Protect.

# Complex Medical Help Newsletter

**FALL 2026**

## Fall Bucket List

Check off your list as you make memories this fall!

- ☐ Watch a football game
- ☐ Go apple picking
- ☐ Bake a pie
- ☐ Thrift a new fall sweater
- ☐ Take a hayride
- ☐ Drink apple cider
- ☐ Attend a Halloween party
- ☐ Decorate your home for fall
- ☐ Visit a pumpkin patch
- ☐ Rake leaves



More ideas for fall fun:

- [15 Ohio State Parks to Leaf Peep](#)
- [Discover Clermont's Fall Events](#)
- [Free Printable Leaf Investigation](#)

## Your CMH Nurses

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## Important Reminders

- The maximum age of eligibility for the Treatment Program increased to age 26.
- Wait time for processing CMH paperwork, including Treatment Plan renewals, is approximately 3-6 months.
- Not every child with a CMH LOA has prescription benefits. For those who do, the pharmacy benefit information is as follows:

Group# ohchildren    BIN# 610084    PCN drbcprod

## Online Library for ASL

Ohio Deaf and Blind Education Services has developed [web-based books](#) containing ASL, English-in-print, graphics, and voice. Download the books for free, and don't miss the special America 250, story, too!

## Back-to-School Safety Tips

- Teach your child how to safely get on and off the bus.
- Teach your child to stand 6 feet (or 3 giant steps) away from the curb when waiting for the bus.
- Ask your healthcare provider if your child is current on their vaccinations. CCPH offers [Back-to-School Immunization Clinics](#). Call (513) 735-8400 to schedule.
- Have your child wear both backpack straps to evenly distribute the weight on their shoulders.
- Don't overstuff a backpack. It should weigh 5-10% of your child's body weight.
- To reduce playground accidents, avoid wearing necklaces and jackets with drawstrings.



## Halloween Pail Meanings

Take note if you see a child carrying a teal, purple, or blue bucket this Halloween.



**Teal:** Children carrying teal buckets may have a food allergy. It can be helpful to have allergen-free treats or non-food items on hand.



**Purple:** A child with a purple bucket may have epilepsy.



**Blue:** These buckets may signify a child has autism. Parents sometimes give autistic children blue pails to hint to others that the child might not speak or might behave in an unexpected way.

No matter the bucket color, it's important to check all treats before letting your little goblins enjoy:

- Do not eat homemade treats from strangers.
- Inspect commercially wrapped treats for signs of tampering such as discoloration, tiny pinholes, or torn packaging.
- Throw out anything that looks suspicious!

## CMH = Strong like a Superhero!



The [Superhero Project](#) is for kids living with illnesses, disabilities, and complex medical needs. Your child will be matched with an artist who will design a superhero poster. Thanks to sponsors, there is no cost to families! Visit the website to apply.

## Personal & Digital Safety Tips

This fall, start a new habit to help protect yourself:

- Use strong passwords.
- Think before clicking on links in emails or social media.
- Stay aware of your surroundings.
- Tell someone if you feel unsafe.

## Free Car Seats

Did you know Sept. 20-26 is Child Passenger Safety Week? Based on income guidelines, you may be eligible for a free car seat! The Ohio Buckles Buckeyes program provides car seats and booster seats to children from newborns to age 13. Call (513) 735-8400 for info.

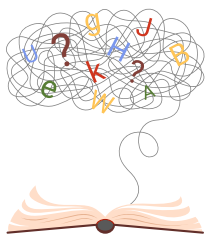
## Save the Date: Sept. 12

You're invited to the Family Health & Wellness Day at Clermont County's Family Support Center (2400 Clermont Center Dr.) on Sept. 12. This is a fun, drive-through event from 10 a.m. - noon. Cruise through to pick up community resources and groceries.



## Learning Disability Resources

October is Learning Disabilities and Dyslexia Awareness Month. For some kids, reading isn't easy. They might have a diagnosed condition or just learn differently. Because it helps to know you're not alone, [ReadingRockets.org](#) has gathered a [list of recommended children's books](#) that feature characters of different abilities who've found they don't read like everyone else.



## Diabetes Support

November is Diabetes Awareness Month, which reminds us it's easy to feel overwhelmed by your diagnosis. But there are support groups and camps in our region to help kids (and their caregivers):

- [Breakthrough T1D Southern Ohio Chapter](#)
- [Camp Ko-Man-She](#)
- [Camp Korelitz](#)
- [Central Ohio Diabetes Association](#)

## More Resources

- [Ohio Department of Health's CMH Provider Directory](#)

When scheduling with a provider for your *approved services*, please verify that they accept CMH. Do you need help finding a provider? Call us - we're here to help you.

- [Clermont County CMH](#)

(513) 735-8400

2400 Clermont Center Dr., Ste. 200, Batavia

- [Ohio Department of Health CMH](#)

(614) 466-1700

- [Ohio CMH Families Facebook Group](#)

Please note this is a private group, so you must request to join to see the posts.

- [Clermont County Public Assistance](#)

(513) 732-7111

Meet your  
Clermont County  
CMH Community!

You could be featured next! Email  
a pic of your fall adventures to  
[skeller@clermontcountyohio.gov](mailto:skeller@clermontcountyohio.gov)



Samantha (age 12)  
with her mom, Renee



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